

# **MEETING ABSTRACT**

**Open Access** 

# Periodontal disease of secondhand smoking patients

Arzu Beklen<sup>1,2\*</sup>, Deniz Uckan<sup>3</sup>, Gulten Tsaous Memet<sup>4</sup>

From 11th Annual Conference of the International Society for the Prevention of Tobacco Induced Diseases (ISPTID)

Athens, Greece. 9-11 December 2013

## **Background**

Our cross-sectional study investigated associations of cumulative exposure to secondhand smoke and duration of smoking cessation with periodontitis among family members. Furthermore the effects of other risk factors on these associations were analyzed as well.

#### Materials and methods

In total 109 patients were analyzed with their full mouth periodontal examination. The groups were divided as current second hand smokers, former second hand smokers and non-smokers. The associations between periodontitis occurrence and potential risk factors was analyzed using univariate and multivariate analysis.

#### **Results**

The results showed that the rates of periodontitis among nonsmokers, former second hand smokers, and current second hand smokers were 19.5%, 22.3%, 37.4% respectively. We then adjusted the other periodontal risk factors and we found that the odds ratio (95% confidence interval) for periodontitis was 2.12 for former second-hand smokers and 3.56 for current second hand smokers.

### **Conclusions**

In summary, not only a significant dose-response relationship between pack-years of second hand smoking and periodontitis presence was observed, but also a significant decrease in the occurrence of periodontitis was observed in second hand smoke stopped group. <sup>1</sup>Department of Periodontology, Faculty of Dentistry, Osmangazi University, Eskisehir, 26480, Turkey. <sup>2</sup>Institute of Biomedical Engineering, Bogazici University, Istanbul, 34684, Turkey. <sup>3</sup>Medico-social Centre, Dental Clinic, Bogazici University, Istanbul, 34684, Turkey. <sup>4</sup>Tepebasi Oral and Dental Health Hospital, Ankara, 06400, Turkey.

The authors declare no conflict of interests and thank their institutes for the

support. The skillful technical help of Dr. Elif B. Barto is thankfully

Published: 6 June 2014

Acknowledgements

acknowledged.

Authors' details

doi:10.1186/1617-9625-12-S1-A11

Cite this article as: Beklen *et al.*: Periodontal disease of secondhand smoking patients. *Tobacco Induced Diseases* 2014 **12**(Suppl 1):A11.

# Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at www.biomedcentral.com/submit



Full list of author information is available at the end of the article



<sup>\*</sup> Correspondence: arzubeklen@yahoo.com

<sup>&</sup>lt;sup>1</sup>Department of Periodontology, Faculty of Dentistry, Osmangazi University, Eskisehir. 26480. Turkev